

Sept—Nov 2012

QUARTERLY EDITION

EDITOR: ROBERT MUSSELL



ROYAL CANADIAN LEGION BRANCH 138

THE MERRITTONIAN 2012/2013

DIEPPE REMEMBERED

Canadian Troops at Dieppe:

Approximately 5000 of 6100 troops involved at the Battle of Dieppe were Canadians

Canadian Casualties at the Battle of Dieppe:

RCAF lost 13 aircraft and 10 pilots; RAF lost 106 planes and 81 airmen - the highest single day total of World War II. 3,367 casualties - including 1,946 taken prisoner and 907 Canadians killed

Summary of the Battle of Dieppe: Four flank attacks were planned for just before dawn, with the main frontal assault on the town Dieppe a half hour later. Surprise was key to the plan. Landing ships and escorts on the east met a small German convoy. The resulting battle alerted the Germans, eliminating the element of surprise. The Royal Regiment of Canada landed late on Puy beach on the east, and the Germans were ready. Over 500 men were killed or taken prisoner and the Canadians were forced to surrender. On the west at Pourville, the South Saskatchewan Regiment and the Queen's Own Cameron Highlanders initially met only light resistance, but heavy fighting developed as they pushed toward the town of Dieppe. The Canadians could not reach their target. Most of the South Saskatchewan and Cameron Highlanders were successfully evacuated, but the rearguard did not make it out. The Royal Hamilton Light Infantry and the Essex Scottish Regiment landed on the main Dieppe beach and were met with German machine-gun fire. Shingles on the beach broke tank treads. All entrances to Dieppe were blocked by concrete barriers, trapping any tanks that made it that far. An inaccurate message led the headquarters ship to assume the Essex Scottish Regiment was making headway, and the reserve battalion Les Fusiliers Mont Royal was sent in. They too were pinned on the beach. A general withdrawal order was given at 11 am.

THE MERRITTONIA



She was named after William Hamilton Merritt, in a contest won by Merritton's own Florence Nelson Sheppard. The modification having been suggested by the town council. Commissioned at Quebec City on November 10, 1944, she arrived at Halifax in mid December and sailed to Bermuda for a months workups. On her return Merrittonia was assigned to EG C-7 and left St John's on February 7 to meet the group which was westbound with convoy ON.283 from Britain.

Thereafter continuously employed on North Atlantic convoy duty, she left Londonderry for the final time at the beginning of June, 1945.

She was paid off on July 11 and laid up at Sorel for disposal. Purchased by K.C. Irving Ltd, Moncton on November 16, 1945, she was wrecked on the Nova Scotia coast on November 30.

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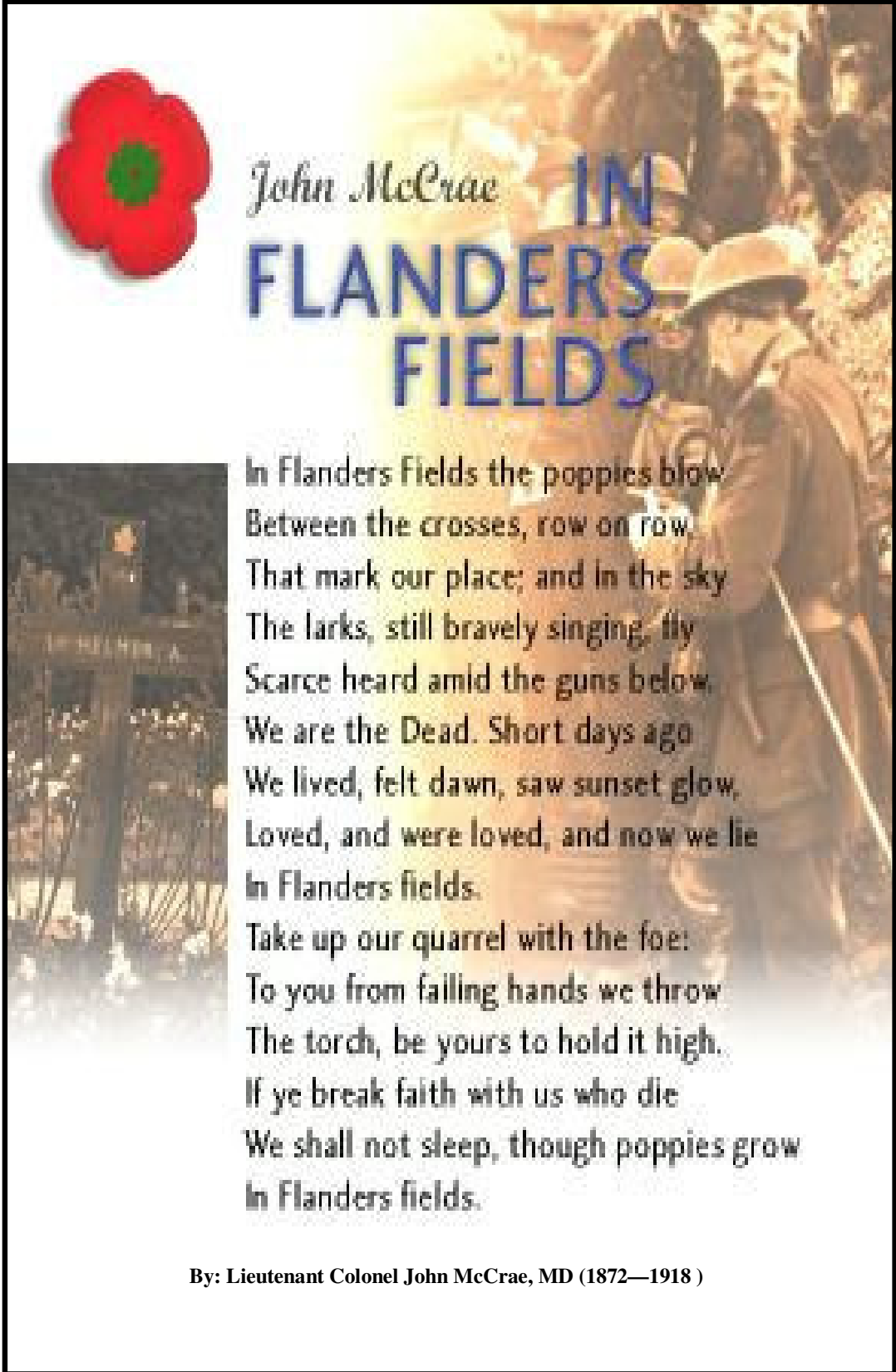
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FLANDERS FIELDS



John McCrae **IN FLANDERS FIELDS**



In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.
Take up our quarrel with the foe:
To you from falling hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

By: Lieutenant Colonel John McCrae, MD (1872—1918)

Your 2012/2013 EXECUTIVE

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PRESIDENT: WAYNE HASLAM
PAST PRESIDENT/LEADERSHIP: BOB WEIR
1 ST VICE PRESIDENT/POPPY/SERVICE OFFICER: JACK GEMMELL
2 ND VICE PRESIDENT/NEVADA: GEORGE GOFF
SECRETARY: COLLEEN BRADSHAW
MEMBERSHIP/ LIASON: MIKE GANDER
TREASURER: PATRICIA GANDER
SERGEANT AT ARMS/CADET LIASON: MARY NOVARRO
WAYS & MEANS/SPORTS: WAYNE DENVIR
BUILDING & PROPERTY: BILL BORDEN
SENIORS/CHARITABLE FOUNDATION: COLLEEN BRADSHAW
HONOURS & AWARDS: RON TUCKWELL
YOUTH & EDUCATION: PATRICIA DICKINSON
PUBLIC RELATIONS: MARLENE GEMMELL
BULLETIN EDITOR/BURSARIES :ROBERT MUSSELL
PADRE: REV ELLISTON BRIDGER

PLEASE TAKE THE TIME TO CONGRATULATE YOUR NEW OPERATING
PERSONNEL AND EXECUTIVE COMMITTEE
THANK YOU TO ALL THE MEMBERS OF THE PAST EXECUTIVE

YOUR EXECUTIVE IS STILL HOPING TO RECRUIT A FEW MORE
PEOPLE

GENERAL EXECUTIVE MEMBERS ARE STILL NEEDED

INTERESTED? SPEAK TO AN EXECUTIVE MEMBER

VOLUNTEERS ARE ALWAYS WELCOME

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LADIES AUXILIARY

BRANCH 138 MERRITTON LADIES AUXILIARY

PRESIDENT:	PATRICIA DICKENSON
1 ST VICE :	PATRICIA McCABE
2 ND VICE :	AUDRIA FRIZZEL
SECRETARY:	COLLEEN BRADSHAW
TREASURER :	ANGIE REID
SPORTS OFFICER:	VERA STRICKLAND
SGT. AT ARMS:	MARLENE WALLCE

EXECUTIVE

KATHIE BRADSHAW
DONNA CARLEY
EVELYN FROATS
SYBIL WILSON

CHARLOTTE BROADLEY
LINDA CLUGSTON
GAIL ARSENAULT

PRESIDENT'S REPORT

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I would like to start off my report by giving my thanks to the many volunteers that have helped out during the summer months. There is not a day goes by that we do not require some kind of assistance from our membership.

The executive are working hard to bring in new ideas and to keep our branch busy and active. Our Labour Day was a great success with many of our members helping out in all areas to make sure that we could show our community and guests just what a good time they can have at our Legion.

Now we are entering our busiest part of the year. Steak dinner night, Legion Week, Grape and Wine activities, another party bus Poker Run Day, Brock Badger hockey night in honor of the local legions and commemorating the War of 1812, Poppy Campaign and running into Christmas.

Join in with us, as we are going to be needing volunteers to make all of these functions work. Branch 138 Merritton is only as successful as our membership wants us to be, your comments and participation, are the keys to keeping our branch thriving.

Special wishes to Shannon and Mark on their upcoming marriage.

Once again thank you for attending our functions and lending a hand when needed.

Wayne Haslam

President Merritton Branch 138



MEMBERSHIP REPORT

Branch Membership as of September 12, 2012

LIFE:	8	ORDINARY:	73
ASSOCIATE:	314	AFFILIATE VOTING:	110
AFFILIATE NON VOTING:	2		

TOTAL MEMBERSHIP TO DATE: 507

**KNOW SOMEONE WHO MIGHT WANT TO BE A MEMBER?
BRING THEM OUT, INTRODUCE THEM**

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LEGION BURSARIES 2012—2013

Each year our Branch awards Bursaries to deserving young (ok old too) people wishing to continue their education at the Post Secondary level.

Bursary Applications are all in for the 2012—2013 School Year.

We have had 15 requests as follows and it looks like our futures are in Good Hands.

Seven 1 st year recipients

Six 2 nd year recipients

Two 3 rd year recipients

All Bursary applications have been accepted. and approved

Students are studying Engineering, Childhood Education, Nursing and a number of other courses that are sure to be of use to all after completion of their Education.

I am proud of these Students whom have all taken the challenge of Further Education and wish each and everyone of them much success in their studies.

Robert (Bob) Mussell : Bursary Chairperson

SERGEANT AT ARMS REPORT

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UPCOMING EVENTS

October 27: Poppy Campaign kick off parade

10:30 AM Pen Center at the entrance of the Old Zellers

Come out and join our Colour Party

November 4: Church Parade - St. Andrews Church

November 9: Armistice Banquet—5:30 PM

Tickets can be purchased at the Canteen

November 10: 10:30 PM the Army Cadets will start their 12 hour vigil at the Cenotaph. They will be doing a change of guard every 20 minutes until after the Remembrance Day Parade.

November 11: Remembrance Day Service and Parade

Mary Novarro — Sergeant at Arms

**WEAR A POPPY
LEST WE FORGET**



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A WORD FROM THE EDITOR

I would just like to thank everyone for the positive comments on our Bulletin.

Don't forget, this is YOUR Bulletin.. If you want something here that is not, let me know.

Have fresh ideas, tell me.

Have an article you want to have published, get it to me..

Im easy to get along with and don't bite.... Unless of course you want me to.

Robert (Bob) Mussell—Bulletin Editor

TIME FOR DESSERT

THESE ARE AWESOME !

MOLTEN CHOCOLATE CAKE

- 4 Squares Bakers Semi-Sweet Chocolate
- 1/2 cup Butter—1 cup Icing Sugar
- 2 Eggs—2 Egg Yolks—6 Tbsp. Flour
- 1/2 cup Coe Whip Whipped Topping (thawed)



1. Preheat oven to 425 F. butter 4 3/4—cup custard cups or soufflé dishes. Place on baking sheet.
2. Microwave chocolate and butter in large bowl on high 1 minute or until butter is melted. Stir in sugar until well blended. Wisk in eggs and yolks. Stir in flour.dive batter between prepared custard cups.
3. Bake 13 to 14 minutes or until sides are firm but centres are soft. Let stand 1 minute. Carefully run small knife around cakes to loosen. Invert onto Dishes. Serve immediately, each topped with 1 Tbsp whipped Topping.

HEALTHY TIP FOR ALL

LEMONS—WHO KNEW !

Amazing frozen lemon

Simple.. place the lemon in the freezer section of your refrigerator. Once the lemon is frozen, get your grater, and shred the whole lemon (no need to peel it)and sprinkle it on top of your foods.

Sprinkle it to your whisky, wine, vegetable salad, ice cream, soup, noodles,spaghetti sauce, rice, sushi, fish dishes.

All of the foods will unexpectedly have a wonderful taste, something that you may have never tasted before. Most likely, you only think of lemon juice and vitamin C. Not anymore.

Now that you've learned this lemon secret, you can use lemon even in instant cup noodles.

What's the major advantage of using the whole lemon other than preventing waste and adding new taste to your dishes?

Well, you see lemon peels contain as much as 5 to 10 times more vitamins than the lemon juice itself. And yes, that's what you've been wasting.

But from now on, by following this simple procedure of freezing the whole lemon, then grating it on top of your dishes, you can consume all of those nutrients and get even healthier.

It's also good that lemon peels are health rejuvenators in eradicating toxic elements in the body.

So place your lemon in your freezer, and then grate it on your meal every day. It is a key to make your foods tastier and you get to live healthier and longer! That's the lemon secret! Better late than NEVER! The surprising benefits of lemon!

Lemon (Citrus) is a miraculous product to kill cancer cells. It is 10,000 times stronger than chemotherapy.

Why do we not know about that? Because there are laboratories interested in making a synthetic version that will bring them huge profits.

You can now help a friend in need by letting him/her know that lemon juice is beneficial in preventing the disease. Its taste is pleasant and it does not produce the horrific effects of chemotherapy.

How many people will die while this closely guarded secret is kept, so as not to jeopardize the beneficial multimillionaires large corporations?

As you know, the lemon tree is known for its varieties of lemons and limes.

You can eat the fruit in different ways: you can eat the pulp, juice press, prepare drinks, sorbets, pastries, etc... It is credited with many virtues, but the most interesting is the effect it produces on cysts and tumors.

This plant is a proven remedy against cancers of all types. Some say it is very useful in all variants of cancer. It is considered also as an anti microbial spectrum against bacterial infections and fungi, effective against internal parasites and worms, it regulates blood pressure which is too high and an antidepressant, combats stress and nervous disorders.

The source of this information is fascinating: it comes from one of the largest drug manufacturers in the world, says that after more than 20 laboratory tests since 1970, the extracts revealed that It destroys the malignant cells in 12 cancers, including colon, breast, prostate, lung and pancreas...

The compounds of this tree showed 10,000 times better than the product Adriamycin, a drug normally used chemotherapeutic in the world, slowing the growth of cancer cells.

And what is even more astonishing: this type of therapy with lemon extract only destroys malignant cancer cells and it does not affect healthy cells.

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A NEW EVENT AT THE BRANCH



HORSERACES HAVE BEEN HAPPENING EVERY FRIDAY FOR THE LAST MONTH OR SO. EVERYONE IS GETTING INTO THE ACTION

WE HAVE MILD MANNERED MATT LEESON AND STUBBORN STUD STEWY CALLING THE RACES MINUTE BY MINUTE

WE HAVE DOT THE JOCK MOVING THE HORSES AROUND THE TRACK..... PEOPLE SCREAMING PEOPLE JUMPING AS THEIR HORSE MOVES CLOSER TO THE FINISH OR IN THE CASE OF THOSE BETTING DIAMONDS, NEVER LEAVING THE POST.

BET A TOONEY AND SEE HOW YOUR HORSE FINISHES
CANT WIN IF YOU DON'T BET

FISH FRY FRIDAYS STARTING UP REAL SOON
EVERY 2ND FRIDAY
VOLUNTEERS ALWAYS WELCOME
BEST FISH AND CHIPS OUR SIDE OF THE MERRITTON SKYWAY

COME ON OUT AND SUPPORT YOUR BRANCH

WHATS HAPPENING

ALWAYS SOMETHING HAPPENING

EUCHRE EVERY THURSDAY 7:00 PM (Seasonal)
TOONEY DRAW EVERY FRIDAY AT 6:00 PM
HORSE RACING EVERY FRIDAY
BAR B QUES EVERY FRIDAY (Seasonal)
MEAT DRAWS EVERY SATURDAY

LADIES AUXILLIARY MEETING 1 ST WEDNESDAY OF MONTH
EXECUTIVE MEETING 2ND WEDNESDAY OF THE MONTH
GENERAL MEMBERSHIP MEETING 4TH WEDNESDAY OF THE MONTH

ALWAYS SOMETHING HAPPENING AROUND THE BRANCH..
WATCH THE BOARDS FOR UPCOMING EVENTS
COME OUT AND SUPPORT YOUR BRANCH



STEAK BAR-B-QUE
OCTOBER 12, 2012
TICKETS ON SALE NOW
AT THE BAR
ONLY \$ 12.00 each

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JUST CLOWNING AROUND

(I DON'T WRITE THEM, I JUST PASS THEM ALONG)

As You Slide Down the Banister of Life Towards 2013

-- Remember:

1. Jim Baker and Jimmy Swaggert have written an impressive new book. It's called ... 'Ministers Do More Than Lay People'
2. Transvestite: A guy who likes to eat, drink and be Mary.
3. The difference between the Pope and your boss, the Pope only expects you to kiss his ring.
4. My mind works like lightning, one brilliant Flash and it is gone.
5. The only time the world beats a path to Your door is if you're in the bathroom.
6. I hate sex in the movies. Tried it once. The seat folded up, the drink spilled and that ice, well, it really chilled the mood.
7. It used to be only death and taxes, Now, of course, there's shipping and handling, too.
8. A husband is someone who, after taking the trash out, gives the impression that he just cleaned the whole house.
9. My next house will have no kitchen - just vending machines and a large trash can.
10. Definition of a teenager? God's punishment ... for enjoying sex.

Thought for the day: Be who you are and say what you feel ... because those that matter... don't mind ... and those that mind ...don't matter!

And As You Slide Down that Banister of Life You Should Pray That All The Splinters Are Pointed The Other Way...

JUST CLOWNING AROUND

(I DON'T WRITE THEM, I JUST PASS THEM ALONG)

TURPENTINE VS HOLY WATER

A little boy was sitting on the curb with a gallon of turpentine, shaking it up and watching all the bubbles. A while later a Priest came along and asked the little boy what he had.

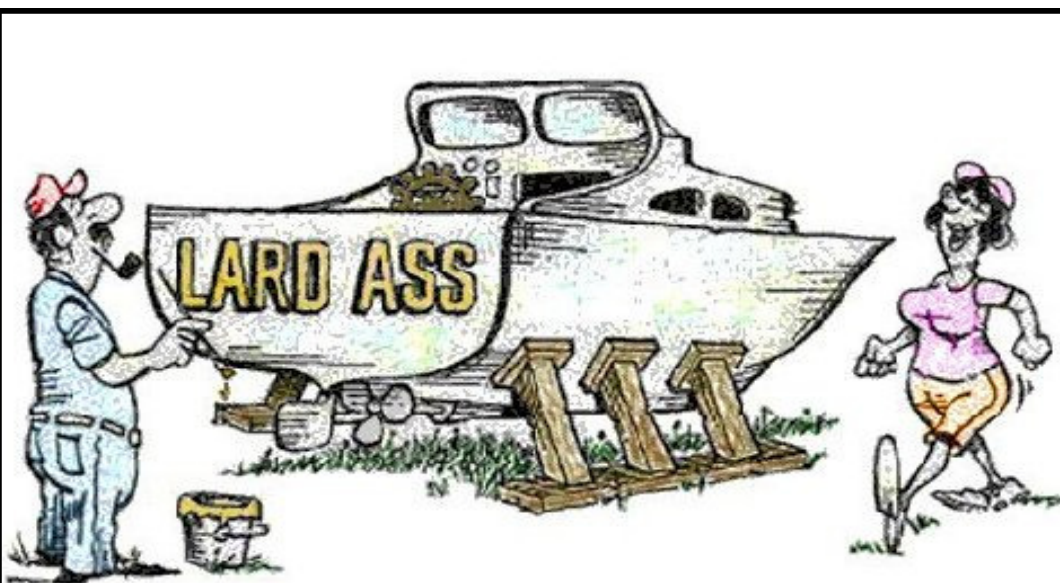
The little boy replied, "This is the most powerful liquid in the world, it's called turpentine."

The Priest said, "No, the most powerful liquid in the world is Holy Water. If you take some of this Holy Water and rub it on a pregnant woman's belly, she'll pass a healthy baby."

The little boy replied, "You take some of this turpentine and rub it on a cat's arse, he'll pass a Harley Davidson."

Picture of a Man with Just Seconds to Live

(Totally Unaware)



"Did you name it after me,
like you said you would?"

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For those who fought for our freedom
LAST POST

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LAST POST



LIFE:

ORDINARY: Ronald Delagarde

ASSOCIATE: Terry Barnfield

AFFILIATE: Gabriel (Gibb) Rochon

**All Canadian Soldiers from all conflicts past and present who
have lost their lives for the benefit of us and others.**

WE WILL REMEMBER THEM



Lest We Forget

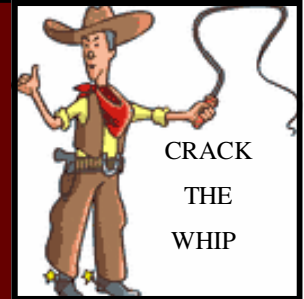
COMMENTS . SUGGESTIONS

WORK WITH YOUR EXECUTIVE—NOT AGAINST THEM

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Ways and Means and your Executive Committee try to put on many Branch Events.

Street Dance and Music Trivia are just 2 of them

The Ways and Means and Executive Committee are always open to suggestions.

Have an Event Idea ? Let us Know ! Write it Down

Merritton Legion Branch 138

Having a party? Stag & Doe? Let us know !!!!!

Merritton Branch 138 Upstairs hall is available for Functions

Contact the Branch to check for availability and bookings

Ph: 905-227-1821

Please don't discourage our Volunteers

They are all doing the best they can

IF YOU CAN DO BETTER

PROVE IT AND VOLUNTEER FOR SOMETHING

CANT VOLUNTEER, DON'T COMPLAIN

Volunteer Sign Up Sheet

Events and Branch Happenings are always in need of Volunteers.

You don't have to volunteer for everything!

If you can spare a couple of hours to help at Branch Event or 2

Never mind saying " No one asked"

You' re Being Asked Now!

Fill this out and give it to any of your Executive Committee

Name: _____

Event: _____

Watch for Sign Up Sheets on Branch Bulletin Board

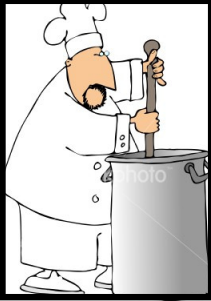
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STIRRING THE POT MEMBERS COMPLAINT PAGE

This is YOUR page.

There is no use sitting in the canteen complaining at the bar or sitting and stewing amongst yourselves about what you don't like around the Branch.

Don't like the entertainment, or lack of.... Just not happy with the way the Fish Fry is run, or how the various events are put on?

Write it down and submit it to your Executive.

DO IT RIGHT, DO IT HERE

Please feel free to submit a complaint

Let YOUR Executive know what you don't like

There is a Right and Wrong way to complain

WORK WITH YOUR EXECUTIVE—NOT AGAINST THEM

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